Shotgun
Jet Sweep
Overview
What is the Shotgun Jet Sweep?
Motioning WR at full speed receiving handoff at the snap

Shotgun Version of Fly Offense
Shotgun Version of Wing T Jet Sweep
Many High School & College Teams running this

Arkansas, Colorado, Florida, Oregon State, Oregon

Called WildCat, WildHog, Triple Shoot, Fly, Jet or Speed Sweep
Mark Speckman (Willamette) = Fly

Manny Matsakis (Emporia State) = Triple Shoot

Tubby Raymond (Delaware) = Jet Sweep
Reasons for Shotgun Jet Sweep
4 RB Run Offense
4/5 WR Pass Offense
Balanced Front (Double TE)
Flexed or "Nasty" TE
TE/Wing Overload
10 Gaps

1 2 3 4 5 6 7 8 9 10

X 5 3 12 4 6 Y

H Q F Z
Spreads the Field

Diagram showing football formation with players labeled X, C, W, M, S, R, E, T, E, Y, Z, Q, F, and H.
Speed of the Motion
Shotgun helps Jet Sweep

H  X  Q  F  Z

Y

Fly/Jet
Shotgun helps Pass Pro
Play Action Pass
Misdirection
Makes the Defense play responsibility option type defense.

Slows down pursuit.

Puts defenders in binds
Don't block any D-Line from Frontside Guard back

Allows O-Line to get to secondary defenders
Flex TE & Wing overload allows to block any edge contain players
Basics
Numbering System

H X 5 3 12 4 6 Y Z

Q F
Back Numbers

X  T  G  C  G  T  Y

2  4

1  3
Jet = WR Motion (H)
Fly = Wing Motion (Z)
Speed = X, Y, F Motion
Formations
Wing RT Hit Chart

Sweep
Buck
Speed
Toss
Reverse

Power
Gap
Counter

Blast
Trap
Blast

Power
Gap
Dart

Sweep
Buck

X

5

3

12

4

6

Y

Z

H

Q

F
Trips Left

Sweep
Buck
Speed
Toss
Reverse

Power
Gap
Counter

Blast
Trap
Blast
Dart

Sweep
Buck

X

H

Z

5
3
12
4
6

Y

Q

F
Zero Left

Sweep Buck
Speed Toss Reverse
Gap Counter
Trap
Gap Dart Sweep Buck

H 5 3 12 4 6 Y
X
F
Q
Z
Fox Left

Sweep Buck
Speed Toss Reverse
Gap Counter
Trap
Gap Dart Sweep Buck

F
H
X
Q
5
3
12
4
6
Y
Z
Plays
X Plays

Speed Sweep
Buck Sweep
Reverse

X plays

H
Q
F

Y
Z
ZB Plays

Fly Sweep
Buck Sweep
Reverse
Counter
Gap

2
X

T

G
C

G
T

Y

1
3

4
FB Plays

Option: X
Gap: T, G
Trap: C
Gap: G, T, Y

1, 3: Numbers represent positions on the field.
2: Option position.
4: Gap position.
Shotgun
Jet Sweep
Drills & Practice
QB/Backs
Sweep
Drills
Jet/Fly/Speed
Inside Drill
Outside Drill
Pass Warm-Ups
Catching Drills
Jet/Fly/Speed
Jet
Sweep
FULL Speed Motion
Snap Ball when he reaches Tackle
Read FB's block and cut

Jet Sweep
FULL Speed Motion
Snap Ball when he reaches Tackle

Read G's block and cut
FULL Speed Motion
Snap Ball when he reaches Tackle

Read FB's block and cut
FULL Speed Motion

Snap Ball when he reaches Tackle

Read FB's block and cut
FULL Speed Motion
Snap Ball when he reaches Tackle

Read FB's block and cut
Fly Sweep
Fly Sweep

Read FB's block and cut

Snap Ball when he reaches Tackle

FULL Speed Motion
FULL Speed Motion Snap Ball when he reaches Tackle

Read G’s block and cut
Empty Fly Sweep

Read FB's block and cut

Snap Ball when he reaches Tackle

FULL Speed Motion
Inside
Run Drill
Trap
Jet Trap
FULL Speed Motion
Snap Ball when he reaches Tackle
FULL Speed Motion

Snap Ball when he reaches Tackle
Fly Trap
Fly BuckTrap

FULL Speed Motion

Snap Ball when he reaches Tackle
Fly QB Trap

Snap Ball when he reaches Tackle

FULL Speed Motion
Gap
Jet Gap
FULL Speed Motion

Snap Ball when he reaches Tackle
FULL Speed Motion

Snap Ball when he reaches Tackle

Jet On Gap
FULL Speed Motion
Snap Ball when he reaches Tackle
Fly Gap
Fly Off Gap

Snap Ball when he reaches Tackle

FULL Speed Motion
Fly On Gap

When he reaches Tackle, Snap Ball.

FULL Speed Motion
Fly QB Dart

Snap Ball when he reaches Tackle

FULL Speed Motion
Jet Power
FULL Speed Motion
Snap Ball when he reaches Tackle
FULL Speed Motion

Snap Ball when he reaches Tackle
FULL Speed Motion Snip Ball when he reaches Tackle
Fly Power
Fly QB Off Power

Snap Ball when he reaches Tackle

FULL Speed Motion
Fly QB On Power

Snap Ball when he reaches Tackle
Fly QB Blast

Snap Ball when he reaches Tackle

FULL Speed Motion
Option
Jet Speed

FULL Speed Motion
Jet Shovel

FULL Speed Motion
Jet Reverse

FULL Speed Motion when he reaches Tackle

Snap Ball when he reaches Tackle
Outside
Run Drill
Blocking Edge Rules

G - Block any 3T, Zone/Pull to LB
T - Block DE if he's down, Zone/Pull to LB
Y - Block DE if he's up, Inside Gap/Head up
Z - Seal Inside with Y, Down to LB
F - Run at Y block 1st person you see,
    Kick Out/Seal Force Defender
Blocking Edge Drills

33 Cover 1

33 Cover 3

Loose CB

Hard CB
Blocking Edge Drills

44 Cover 1

44 Cover 3

Hard CB

Loose CB
Blocking Edge Drills

53 Cover 1

53 Cover 3

Loose CB

Hard CB
Blocking Edge Drills

62 Cover 1

62 Cover 3
Blocking Edge Drills

32 Cover 2

32 Cover 2/4
Blocking Edge Drills

43 Cover 2

43 Cover 2/4
Blocking Edge Drills

SS

Hard CB

52 Cover 2

SS

Loose CB

52 Cover 2/4
Blocking Edge Drills

61 Cover 2

61 Cover 2/4
Blocking Edge Drills

56 Cover 0

Loose CB

Hard CB
Blocking Edge Drills

65 Cover 0

Loose CB

Hard CB
Worst Case Scenario
Wide DE
Worst Case Scenario
Slanting DE

FS

C  W  M  S  R  C

E  T  T

X  G  G

H  Q  F  Y  Z

E
Worst Case Scenario

Stud LB

FS

C W M S

E T T E R C

H X G G

Q F Y Z
Worst Case Scenario

Overload
QB/Backs
Pass Warm-ups
Drills

WR Face Shot
QB Face Shot
L Cut
Routes
WR Face Shot
QB Face Shot
L Cut
Routes
WR runs at QB

Catch & run ball to QB

Ball needs to be thrown at Face

Throw ball on Run

QB runs at WR

3 Step Drop

WR Face Shot

QB Face Shot
L Cut

3 Step Drop

Catch & run ball to QB
Routes

List
- Drag
- Quick
- Bench
- Stop
- Slant
- Corner
- Fade

Stop  Fade  Bench  Drag  Corner  Slant  Quick

1/3 Step Drop
Catching Drills
Pitching Machine

1. Catcher
2. Feeder
3. Pitcher
4. Shaggers

Juggs Machine

1. Catcher
2. Waiter
3. Thrower
4. Cone
5. Line
Play Action
Pass
Pass Pro
Odd Fronts
Odd

M

W E N E R

Q F

51 Bear
Even Fronts
Even

W M S

E N T E

Q F

43
Even

W M S R

E N T E

Q F

44
Even

M

W E N T E S

Q F

61
Shotgun
Jet Sweep

Defensive Fronts & Adjustments
Defensive Fronts
1/3 Deep Coverage Family
33 Cover 3

Diagram:

- FS
- C
- D
- W
- M
- S
- R
- E
- N
- E
- X
- Y
- Z
- H
- Q
- F
44 Cover 3

C

W

M

S

R

E

N

T

E

X

Y

Z

H

Q

F
62 Cover 3

Diagram with labels:
- C
- M
- S
- W
- E
- N
- T
- E
- R
- X
- Y
- Z
- H
- Q
- F

Legend:
- FS

Diagram layout: A grid with players marked by letters and symbols.
2/4 Deep Coverage Family
43 Cover 2
52 Cover 2
0 Deep Coverage & Frontside Blitz
33 Frontside Blitz
44 Frontside Blitz
53 Frontside Blitz
43 Frontside Blitz
Goal Line
65 Goal Line
Sky Cover 2 Rotation
Cover 3
Rotation
Cloud Cover 3 Rotation
Cover 1 Man Rotation
Man Cover 1 Rotation
Man Cover 1 Rotation
Linebacker Rotation
44 to 43 Strong LB Slide

FS

C

W → M → S → R

E N T E

X

C

H

Q F

Y Z
53 to 52 Strong LB Slide
62 to 61 Strong LB Slide
Defensive Line
Slants
Shot Gun
Jet Sweep
Play Action

X
H
Q
F

Y
Z
Play Action
Pass Pro
Play Action Pass Pro
Buck Action Pass Pro

Backside Pass Pro

Frontside Blocks Jet Sweep

Jet
Quick Pass Pro

All WR out on Routes

Line & FB Quick Pass Pro

F

S

Q

F

Y

Z

H

Jet
Single WR Concept
Single WR Outside Routes

- Quick
- Slant
- Stop
- Fade
- Jet

X

C

FS

Y

Z

H

Q

F

C

X

C

FS

Y

Z

H

Q

F

C
Single WR Outside Routes

Y is Ineligible

Over RT
Single WR Inside Routes
Single WR Inside Routes

C

FS

Y is Ineligible

H

Q

F

X

Z

Flag

Bench

Over RT

Y is Ineligible

C

Q

F

X

Z

Over RT
All WR's Concepts
Fade/Streak Concept
Fade

Eyes

Jet

X

C

C

FS

Y

Z

H

Q

F

1

Jet
Fade

Wide RT Jet
Fade

Over RT Jet

Y is Ineligible

Eyes
Fade

Eyes

Over RT Fly

Y is Ineligible
Trips Left Jet

Streak

Eyes

FS

S

Q

F

X

C

H

Z

2

1

20

12
Smash Concept
CB Hi-Low Reads

Stop
Bench
Flag
HBO

Smash

C
C

X

1

2

1

2

F
Q
Z
H

C

C

F
Flood Concept

Vertical Stretch Triangle Read

X 〇 〇 □ 〇 〇 Y
Z
H
Q  F
Wide RT Jet
Flood Swing

Wide RT Jet
X Corner Swing

Bunch RT Jet
Curl/Post Concept

Horizontal Stretch
Curl

1

2

W

X

H

FS

Q

F

Y

Z

Fly
Double Slant Swing

Fly
Kentucky Swing

Jet
Dig

Jet

Diagram of a football play with players labeled X, W, Y, Z, H, Q, and F.
Florida State Swing

1. X
2. W

Jet

Q F
Movement Concept
Buck Pass RT

Bomb

FS

W

H

Q

F

Y

X

C

Z

Jet

Jet
Boot Pass RT
Screen Concept
X Quick

Jet
Fake X Quick

Fly
X Slip
X Rocket Swing

Fly

C
W
X
H
Y
Z
Q
F
FS
X Rocket Bomb

Fly
Fake X Rocket

Fly